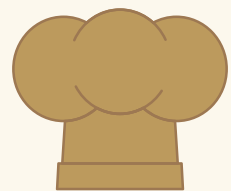




# Team Building Experiences



## Core Expertise



World-class  
Instructor & Chef



Endless, Customizable  
Options for Your Team



Flexible Locations for  
Your Convenience



Thoughtfully Planned  
Activities & Lessons

## MEET YOUR FACILITATOR

# Hi, I'm Jennifer.



“

In every organization, the people are the point. I want to change how people work together.

”

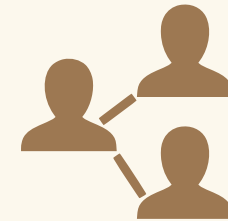
- Creative Founder of Cosmopolitan Plated
- Group Dynamics Expert
- Studied Business Management at Agnes Scott College.
- Specializes in bringing about inclusivity and diversity within various communities and organizations.
- Worked with hundreds of teams within organizations, including Fortune 500 companies

## Our Workshops Provide...



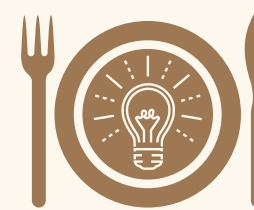
### Communication

Opportunities for open, meaningful communication



### Connection

New ways of connection that build paths to better productivity



### Creativity

Activities that facilitate new ways to utilize your team's talent



### Capabilities

New insights into your organization's strengths

# Signature Services



## Private Dinner Parties

Social, intimate gatherings for all occasions hosted by Jennifer Jones throughout the greater Washington, D.C. area.



## Team Building Classes

Motivate your team while building and sharing a meal from beginning to end.



Anywhere in the US



In-person, virtual or hybrid



## Private Cooking Classes

Create fun, customized experiences virtually or in-person

Join Our Table from Around the World!



# Our Pricing

<b>Group Size</b>	<b>Price Range for Half Day</b>	<b>Price Range for Full Day</b>
10 People	\$3,500-\$7,000	\$4,500-\$8,000
20 People	\$4,500-\$8,000	\$6,500-\$12,000
50 People	\$6,500-\$12,000	\$9,000-\$16,000
100 People	\$9,000-\$16,000	\$11,000-\$18,000

This is based on the estimated national average, but every team-building event is different! Since they are typically personalized, you will have to contact the event planner to figure out how much things will cost. \*

Factors That Affect the Cost of Corporate Team Building Activities:

- Time
- Materials
- Shipping/Logistics
- Travel Fees
- Number of Participants

\*Pricing for VIRTUAL CLASSES is different. Please call us for further inquiry!

# Words from Our Community

"Jennifer Jones hosted a team-building cooking workshop for our entire company! It was awesome. Our President said it was the best team activity we've done in her 10 years as President! "

- STEPHANIE K. SR.

Vice President, Talent Development



"Our 'Get Creative, Get Connected, and Cook!' workshop was a Godsend for our Board Members. Jennifer, you are truly gifted and talented with teaching, and getting everyone on the same page, moving towards the goal at hand. Using food and cooking to do this was a brilliant approach. Thank you! With pleasure, I look forward to retaining your services again."

- ROGER S.

Board President



# Our Clients



WJLA TV/ DT WASHINGTON, DC



And more...



FOOD IS HERE.

# Reach out

Call today for a complimentary consultation!

Jennifer Jones, Creative Founder & Facilitator

404.822.9829

Arlington, Virginia

[Jennifer@CosmopolitanPlated.com](mailto:Jennifer@CosmopolitanPlated.com)